The best part of summer is the free time to experiment with those tasty recipes I’ve sent you! One way to freshen up your recipes is to grow your own vegetables. Do any of you have a garden at home? We have one at the Fair where we grow fresh vegetables all year long! We are able to do this because we grow our vegetables in a greenhouse, which helps us control the temperature. Have you ever heard the term, “Farm to Fork?” This phrase describes the process of how fresh produce that is grown on the farm gets to your table for your family and friends to eat. If you don’t have a garden, ask your parents to help you get one started. You can find tips on starting your garden at BigTex.com/BTUF!

Calvin Burress from Houston, Texas, won 3rd place in the Children’s Youth Cooking Contest. These cherry pecan bars are easy to make, full of flavor, and so delicious! You too can compete in a Creative Arts Cooking Contest! Ask your parents to go to Creative.BigTex.com for more information.

Calvin also won 2nd place for his brownies recipe in 2018. Way to go, Calvin!

INGREDIENTS

- 2 cups all-purpose flour
- 1 cup powdered sugar
- 1 cup brown sugar
- ¼ cup honey
- 1 cup chopped pecans
- 1 cup dried cherries
- 1 cup water

INSTRUCTIONS

Preheat oven to 350 degrees. Grease a 9 x 13-inch baking pan.

1. Press dough into baking pan.
2. In medium saucepan, mix pecans, cherries, brown sugar, honey, and water. Bring to a boil for two minutes. Press into the brown sugar mixture and add it to the mixture.
3. Bake 20 minutes until golden brown.
4. Cool and cut into 24 bars. Enjoy!

Fall is the perfect time to plant your leafy greens in Texas! If you also have a garden, ask your parents to share a picture with us by tagging me, #BigTex on social media. Here’s a picture of some tomatoes we have growing at the Fair. If you also have a garden, ask your parents to share a picture with us by tagging me, #BigTex on social media.

If you have a garden, ask your parents to help you get one started. You can find tips on starting your garden at BigTex.com/BTUF! It’s also an important part of our daily lives! We love supporting the livestock industry and helping others in our community learn how to grow fresh vegetables. Draw a picture of me, Big Tex, working in my garden. What types of vegetables do you think I have planted?

FARM TO FORK

WORD BANK

ARMADILLO • BAT • CHICKEN • CORN • COTTON • COCONUT • DEER • GOAT • GRAPEVINE • HORSE • MOCKINGBIRD • PECAN • PIG • PRAIRIE DOG • RICE • SHEEP • SKUNK • TOMATO • TURKEY • WHEAT

WORD FIND

ANIMALS • BARN • BEEF • CATTLE • CORN • ENVIRONMENT • FARMER • FARMING • FEEDING • FOOD • HARVEST • HEIFER • HUB • HISTORY • MARINA • MURPHY • NURSERY • PASTURE • PEN • POULTRY • PROFIT • SAFETY • SOIL • SOW • STEAK • STABILITY • TURKEY • WELFARE

TEXAS CROSSWORD

ACROSS

1. Nut that grows on the state tree of Texas
2. Males of this animal lay eggs
3. An animal that says ‘oink’
4. The state small mammal of Texas that has a hard shell used for protection against predators
5. A sour, orange fruit
6. Large animal that says ‘neigh’ and can be ridden
7. Small mammal that lives underground in a group called “a town”
8. Black and white animal that sprays a smelly liquid
9. Crop used to make clothes, money, and food
10. Golden brown crop used to make bread, flour, and noodles
11. Animal covered in wool that says ‘baa’
12. Texas has more than 12 million of these large animals that eat grass
13. Males are called toms and females are hens
14. Crop that produces a red fruit, used in salsa
15. The Mexican free-tailed breed of this animal is the state flying mammal of Texas
16. Crop that produces a yellow vegetable
17. Small, white grain grown in a flooded field
18. Black animal, males have antlers

DOWN

1. Texas has more than 12 million of these large animals that eat grass
2. Females of this animal lay eggs
3. An animal that says ‘oink’
4. The state small mammal of Texas that has a hard shell used for protection against predators
5. A sour, orange fruit
6. Large animal that says ‘neigh’ and can be ridden
7. Small mammal that lives underground in a group called “a town”
8. Black and white animal that sprays a smelly liquid
9. Crop used to make clothes, money, and food
10. Golden brown crop used to make bread, flour, and noodles
11. Animal covered in wool that says ‘baa’
12. Texas has more than 12 million of these large animals that eat grass
13. Males are called toms and females are hens
14. Crop that produces a red fruit, used in salsa
15. The Mexican free-tailed breed of this animal is the state flying mammal of Texas
16. Crop that produces a yellow vegetable
17. Small, white grain grown in a flooded field
18. Black animal, males have antlers

CREATIVE ARTS CONTEST SHOWCASE

This contest showcase can be adventurous and fun! Did you know the Fair has a painted rocks contest? Ask your parents to take you on a nature walk to find a good flat rock that you can paint a design on. Once you are finished painting you can enter it into the Designer Craftsman painted rocks contest for your chance to win a ribbon!

If you also have a garden, ask your parents to share a picture with us by tagging me, #BigTex on social media. Fall is the perfect time to plant your leafy greens in Texas! For more information, check out BigTex.com/FallFarming.