

# Continental (Crossover) Cuisine

*From Columbus to the Corn Dog*

## FOODIES

QUEST 07  
WORLD HISTORY/  
WORLD GEOGRAPHY

STATE FAIR OF TEXAS  
CURRICULUM

The Columbian Exchange altered flora, fauna, food, and farming styles on three continents, forever changing the world as Columbus' sailors expected. Without this mind-blowing exchange of plants and process, many of the foods we consider most American - most Texan - wouldn't exist. On this Foodies Quest, search out Fair foods with origins that could only be found on separate continents when Columbus first sailed the ocean blue - and use foods available in the Fair to suggest a delicious "Columbian Exchange" recipe!



**During this Foodie Quest, you will:**

- ★ **Answer the Essential Question:** How did global dietary patterns permanently change as a result of the Columbian Exchange?
- ★ **Achieve the Learning Target:** I can summarize the Columbian Exchange; identify key causes of the Exchange; analyze the long and short-term effects of the Exchange; and explain critical aspects of this historic Exchange of products and commodities and their lasting impact on North American dietary and agricultural patterns.



**Standards**

- ★ Social Studies (World History) TEKS: WH (7) (B), WH (7) (C), WH (7) (A)
- ★ Social Studies (World Geography) TEKS: WG.1A, WG 1.B, WG 2.A
- ★ Arts TEKS: Art I: 1D, 2D, 3A, 4B; Art II: 1C, 2A, 3A
- ★ ELAR TEKS: E1(13)A, E1(13)B, E1(13)C, E1(13)D
- ★ Career Development TEKS: 130.3 (c)(3-4, 6-9, 10)

**Before You Go (Timing: 2 x 45-min daily classes or 1 x 90-min block class)**

Hold a class discussion on the Columbian Exchange:

- ★ Learn different names for the Exchange
- ★ Analyze the role slavery and the Triangular Trade played in generally driving demand and creating new markets for goods newly available as a result of the Age of Exploration.
  - Examine route maps to understand transcontinental flow of goods and services after the first ships arrived in the Americas, establishing Triangular Trade
  - Research, identify and create a Columbian Exchange chart or poster, in small groups, detailing critical components of the exchange, from plants to livestock to disease.

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## QUEST 07 WORLD HISTORY/ WORLD GEOGRAPHY

# STATE FAIR OF TEXAS CURRICULUM

- o Which plants and livestock did the Europeans bring to the New World for the first time since Pangea?
- o Which plants and livestock did the New World begin supplying to voracious Europeans?

## STATE FAIR MAP



### Invitation

- ★ You're invited you to use the "New World" of the State Fair to conduct your own exploration of the foods, plants and animals that helped shape sweeping and permanent changes in agricultural and dietary patterns.



### Plan Your Route

- ★ Identify and locate key Fair Food vendors at locations like the Tower Building Food Court and/or the SkyWay Porch.
- ★ Head behind the Cotton Bowl, down MLK Blvd to the Creative Arts Building and the Cattle, Horse and Swine barns and the Poultry Building.
- ★ Also, visit the Food and Fiber Pavilion.



### Optional Materials to Bring

- ★ Your Texas State Fair/Columbian Exchange Chart
- ★ Pen or Pencil
- ★ Notebook or Paper
- ★ Smartphone or Tablet
- ★ A printed map of the State Fair of Texas, available online or at any gate



### While You're There

The objective of your visit is to complete the **Texas State Fair/Columbian Exchange Chart** as you explore the wild world of delicious Fair foods, so that you can use the chart for a project back in class!

### Texas State Fair/Columbian Exchange Chart

|              |                      |
|--------------|----------------------|
| <b>Name:</b> | <b>Class Period:</b> |
|--------------|----------------------|

#### Instructions

- **CONTINENTAL (CROSSOVER) CUISINE:** If Columbus had never sailed “the ocean blue,” which Fair foods simply wouldn’t exist? *Without* those traveling sailors, which popular Fair foods might be the top sellers? Would your own Fair food favorite even be a thing without ingredients from multiple continents? And what are the implications on all of this for the U.S. agricultural market?
  - Like the best Foodies, begin your research by examining the menus of 4-6 State Fair food vendors and recording info about the menu offerings on your chart. (If can, you might decide to sample a Fair food or two to *really* get a feel for this activity.)
  - Once you’ve gathered information about menu offerings, you’ll deepen your exploration, visiting the Fair’s agricultural, horticultural and livestock offerings to complete your chart.

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| Fair Food/<br>Beverage | Key Ingredients      | Original<br>Continent(s) of<br>Origin for Each<br>Ingredient | Number of total<br>continents of<br>origins for Fair<br>Food | What role did the<br>Columbian<br>Exchange play in<br>this food's creation? |
|------------------------|----------------------|--|--|---|
|                        | 1.<br>2.<br>3.<br>4. | 1.<br>2.<br>3.<br>4  |  |   |
|                        | 1.<br>2.<br>3.<br>4. | 1.<br>2.<br>3.<br>4  |  |   |
|                        | 1.<br>2.<br>3.<br>4. | 1.<br>2.<br>3.<br>4  |  |   |
|                        | 1.<br>2.<br>3.<br>4. | 1.<br>2.<br>3.<br>4  |  |   |
|                        | 1.<br>2.<br>3,<br>4. | 1.<br>2.<br>3.<br>4  |  |   |

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## STATE FAIR OF TEXAS CURRICULUM

o As you leave the Fair, full of knowledge and, possibly, a fabulous food discovery or two, begin brainstorming ideas to share with your small group for creating the ultimate, grand supreme, Columbian-Exchange inspired Fair food mashup, with ingredients sourced from Asia, Africa, Europe and the New World.

★**WUNDERKAMMERN: CABINETS OF CURIOSITY (ART PORTION):** While at the Fair, keep your eyes peeled for interesting, historical, or unusual objects.

o You will ultimately be creating your own Cabinet of Curiosity based on the State Fair of Texas, so be on the lookout for things that will give your Wunderkammer a unique twist.

★**CREATE YOUR OWN MENU! (ENGLISH PORTION):** While at the Fair, visiting your six vendors, choose one item that they sell.

o For each food item that you select, ask the food vendor for the complete list of ingredients. You'll use this for your project in class.



**After the Fair (Timing: 2-3 x 45-min daily classes or 1-2 x 90-minute blocks)**

When you return to class following your State Fair visit, you will use your completed **Texas State Fair/Columbian Exchange Chart** to analyze the role the Columbian Exchange played in this year's State Fair food offerings.

★With your group, use your Fairground research to extend your initial Columbian Exchange chart with modern-day examples of Exchange-driven foods.

★Write a two-paragraph analysis of your findings:

- o "What impact has the Columbian Exchange had on U.S. dietary and agricultural patterns?"
- o Use specific food, livestock and/or plant examples as supporting evidence.

★As a final piece of your Quest, build that transcontinental recipe!

## ART PORTION



Source: UCLA Wunderkammer, <http://www.fowler.ucla.edu/wp-content/uploads/2016/07/AMB-Joshua-White-4188.jpg>

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### Before You Go

The exploration of the New World in the late 1400s brought much intrigue and curiosity to the people of Europe. During that time, the Renaissance was booming, and Europe was in the midst of a rebirth of its own; however, that didn't inhibit the people of the Old World from needing to know more about the people and the histories of this new land!

- ★ One of the interesting ways that people began to gain knowledge about this New World was through studying objects from here.
- ★ Creations known as “Cabinets of Curiosities” began to emerge throughout England, France, and Germany.
  - Although these did not come with the discovery of the New World, many of the objects that collectors desired for their cabinets began to come from the Americas.
  - In these cabinets, also called “wunderkammern,” objects ranged from highly prized and historical, to unusual and rare.
  - Here is a link that discusses these interesting cabinets, complete with some examples. Take some time to peruse them and learn about the owners of these unique “museums.” <http://mentalfloss.com/article/55324/11-wonderful-wunderkammer-or-curiosity-cabinets>

### While You're There

See the main portion of the Quest for instructions.

### When You Return

Now, it's time to start assembling your State Fair of Texas cabinet of curiosities.

- ★ You could use a box to display your work in, or get creative and build your own display case!
- ★ As you create your display, keep in mind the importance of balance in your design.
- ★ You also want your viewer to be able to see all of your objects as they gaze upon your collection.

- ★ If possible, set up your collection alongside those of your peers and have a gallery walk.
  - Discuss what you chose to include in your cabinet, why you chose those objects, and how they are reflective of the State Fair.



## ENGLISH PORTION

Create a Columbian exchange Fair food menu for six Fair food items.

### While You're There

See the main portion of the Quest for instructions on what information to gather.

### After the Fair

Now you'll design your own “State Fair” menu (on a program such as Publisher) that will showcase the six food items and all of their ingredients!

- ★ After listing each item and all of its ingredients, make sure to also list the continents of origin for the four main ingredients.
- ★ Perhaps you can each go home and prepare a “Featured Dish” from your new menu, and have a class potluck!